

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2) Cheeseburger Supreme w/ Lettuce, Tomato, Onion, Pickle Sweet Potato Wedges Garden Salad Wheat Hamburger Bun Banana PC Dressing, Ketchup, Mustard</p>	<p>3) Turkey Chili Con Carne w/ Crackers Seasoned Green Beans Corn Muffin Mandarin Oranges</p> 	<p>4) Sliced Turkey Breast w/ Gravy Mashed Potatoes Seasoned Corn Wheat Dinner Roll Pumpkin Bavarian</p> 	<p>5) Bone-In Pork Chop Potato Salad Bavarian Sauerkraut Rye Bread Homemade Apple Crisp w/ Whipped Topping</p>	<p>6) 2 Cheese Manicotti w/ Marinara Sauce Seasoned Broccoli Italian Bread Sliced Peaches PC Parm</p> 
<p>9) Beef Stroganoff Over Egg Noodles California Vegetable Blend Biscuit Pineapple</p>	<p>10) Breaded Chicken Drumsticks Pepper Pot Soup w/ Crackers Caesar Salad Wheat Dinner Roll Tropical Fruit Cup</p> 	<p>11) Homemade Salisbury Steak w/ Gravy Mashed Sweet Potatoes Seasoned Peas Cinnamon Raisin Bread Sliced Pears PC Ketchup</p> 	<p>12) BBQ Pork Riblet Baked Beans Mixed Vegetables Wheat Hoagie Roll Heavenly Hash</p>	<p>13) Broccoli and Cheese Frittata O'Brien Potatoes Stewed Tomatoes Rye Bread Cookie</p>
<p>16) Stuffed Pepper Casserole Seasoned Wax Beans Italian Bread Sliced Peaches</p>	<p>17) Sweet and Sour Pork w/ Fortune Cookie Seasoned Brown Rice Stir-Fry Vegetable Blend Wheat Bread St. Patrick's Day Dessert</p> 	<p>18) Swedish Meatballs Over Egg Noodles Seasoned Carrots Biscuit Tangerines</p>	<p>19) Turkey and Cheese Sub w/ Lettuce, Tomato, Onion Tomato Florentine Soup w/ Crackers Spinach Salad Wheat Hoagie Roll Fresh Orange PC Mayo</p> 	<p>20) Homemade Mac and Cheese Casserole Seasoned Broccoli Muffin Pudding w/ Whipped Topping</p>
<p>23) Cheese Tortellini w/ Meatballs and Marinara Sauce Italian Vegetable Blend Wheat Bread Banana PC Parm</p> 	<p>24) Baked Homemade Meatloaf w/ Gravy Garlic Mashed Potatoes Mixed Vegetables Wheat Dinner Roll Brownie PC Ketchup</p> 	<p>25) Turkey Ala King Au Gratin Potatoes Seasoned Broccoli and Cauliflower Rye Bread Deluxe Fruit Cup</p>	<p>26) Sliced Baked Ham Scalloped Potatoes Seasoned Peas Biscuit Mandarin Oranges</p>	<p>27) Tuna Salad Sandwich w/ Lettuce, Tomato, Onion Hearty Vegetable Soup w/ Crackers Caesar Salad 2 Slices Wheat Bread Tropical Fruit Cup</p> 
<p>30) Roast Pork Au Jus Harvard Beets Seasoned Spinach and Tomatoes Muffin Fresh Orange</p> 	<p>31) Chicken Patty Sandwich w/ Lettuce, Tomato, Onion Brown Rice and Lentil Soup w/ Crackers Seasoned Green Beans Wheat Hamburger Bun Heavenly Hash PC Mayo</p> 	<p>Everyone's Irish On March 17th.</p> 	<p>Deadline to place reservation for Easter Holiday Meal is 3/06!</p>	<p>Try to limit fried foods!</p> <p>Choose broiled, grilled or boiled options instead</p>

All meals are served with bread, butter, 1% milk, coffee or tea. Eat Well... Stay Well Lunch Sites are located throughout Niagara County. Call 716-438-4031 for more information. Suggested Contribution for meals is \$3.25.

Menus are subject to change without notice. This is a Niagara County Office for the Aging Program serving the population age 60 and older. Menus approved by Connor Abbott, RD 1/25/2026